









# THIS WEEK'S Eats.

## WEEK 1 MENU



AVAILABLE Daily










			Jackets	Pasta or Noodles	Desserts	Grab & Go Items, Sandwiches, Wraps and Baguettes	Hot Wraps or Baguette	Pasta Salads
MON	Chicken Tikka Masala With Steamed Rice & Naan	Vegetable Stir Fry With Sweet Chilli Noodles	Baked beans Cheese Tuna Mayo 	Pasta King Selection of Meat & Veggie Sauce	<u>Apple Pie With Custard or Ice cream</u> 	Paninis ,Pizza, Burger, SF Chicken Wrap, Nachos Various Days Your favourite sarnie fillings everyday!	Flavoured Chicken with a Choice of Salad and Sauce	BBQ Chicken Chicken Mayo Tuna & Sweetcorn Cheese Savoury Tomato & Herb
TUE	Chilli Beef Burrito With Wedges & Corn on the Cob	Vegetable Burger With Wedges & Corn on the Cob	Baked beans Cheese Tuna Mayo 	Pasta King Selection of Meat & Veggie Sauce	<u>Carrot Cake</u>	Paninis, Pizza, Burger, SF Chicken Wrap, Nachos Various Days Your favourite sarnie fillings everyday!	Flavoured Chicken with a Choice of Salad and Sauce	BBQ Chicken Chicken Mayo Cheese Savoury Tomato & Herb Tuna & Sweetcorn
WED	Roast Chicken with Yorkshire Pudding Mashed Potato, & Vegetables	Veggie Sausage Casserole With Mashed Potato & Vegetables	Baked beans Cheese Tuna Mayo 	Pasta King Selection of Meat & Veggie Sauce	<u>Cornflake Tart</u> 	Paninis, Pizza, Burger, SF Chicken Wrap, Nachos Various Days Your favourite sarnie fillings everyday!	Flavoured Chicken with a Choice of Salad and Sauce	BBQ Chicken Chicken Mayo Tuna & Sweetcorn Cheese Savoury Tomato & Herb
THUR	Spicy Chicken Pitta With Salad & Coleslaw	Vegetable Lasagne With Salad & Coleslaw	Baked beans Cheese Tuna Mayo	Pasta King Selection of Meat & Veggie Sauce	<u>Chocolate Orange Muffin</u> 	Paninis, Pizza, Burger, SF Chicken Wrap, Nachos Various Days Your favourite sarnie fillings everyday!	Flavoured Chicken with a Choice of Salad and Sauce	BBQ Chicken Chicken Mayo Cheese Savoury Tuna & Sweetcorn Tomato & Herb
FRI	Mince Pie or Fish Fingers with Chips and Beans or Peas	Quorn Sausage Served with Chips & Beans	Baked beans Cheese Tuna Mayo 	Pasta King Selection of Meat & Veggie Sauce	<u>Fruit Topped Jelly With Cream</u> 	Paninis, Pizza, Burger, SF Chicken Wrap, Nachos Various Days Your favourite sarnie fillings everyday!	Flavoured Chicken with a Choice of Salad and Sauce	BBQ Chicken Chicken Mayo Tuna & Sweetcorn Cheese Savoury Tomato & Herb

# THIS WEEK'S Eats.

WEEK 2  
MENU

FOOD UNION

AVAILABLE  
*Daily*

			Jackets	Pasta or Noodles	Desserts	Grab & Go, Sandwiches, Wraps and Baguettes	Hot Chicken Wrap or Baguette	Pasta Salad
MON	Pork Sausages With Mashed Potato, Red Onion Gravy & Peas	Vegetable Slice With Mashed Potato	Baked beans Cheese Tuna Mayo 	Pasta King Selection of Meat & Veggie Sauce	<u>Jam Sponge</u> 	Paninis, Pizza, Burger, SF Chicken Wrap, Nachos Various Days Your favourite sarnie fillings everyday!	Flavoured Chicken with a Choice of Salad and Sauce	BBQ Chicken Chicken Mayo Cheese Savoury Tomato & Herb Tuna & Sweetcorn
TUE	Chicken Katsu With Steamed Rice & Tomato & Onion Salad	Macaroni Cheese With Green Beans	Baked beans Cheese Tuna Mayo 	Pasta King Selection of Meat & Veggie Sauce	<u>Mixed Flavoured Ice Cream</u> 	Paninis, Pizza, Burger, SF Chicken Wrap, Nachos Various Days Your favourite sarnie fillings everyday!	Flavoured Chicken with a Choice of Salad and Sauce	BBQ Chicken Chicken Mayo Cheese Savoury Tomato & Herb Tuna & Sweetcorn
WED	Roast Gammon With Roast Potatoes, Vegetable and Gravy	Quorn Sausage With Roast Potato, Vegetables & Gravy	Baked beans Cheese Tuna Mayo 	Pasta King Selection of Meat & Veggie Sauce	<u>Chocolate Cake</u>	Paninis, Pizza, Burger, SF Chicken Wrap, Nachos Various Days Your favourite sarnie fillings everyday!	Flavoured Chicken with a Choice of Salad and Sauce	BBQ Chicken Chicken Mayo Cheese Savoury Tomato & Herb Tuna & Sweetcorn
THUR	Chilli Con Carne With Steamed Rice	Vegetable Curry With Steamed Rice	Baked beans Cheese Tuna Mayo 	Pasta King Selection of Meat & Veggie Sauce	<u>Peach Crumble</u> with Custard	Paninis, Pizza, Burger, SF Chicken Wrap, Nachos Various Days Your favourite sarnie fillings everyday!	Flavoured Chicken with a Choice of Salad and Sauce	BBQ Chicken Chicken Mayo Cheese Savoury Tomato & Herb Tuna & Sweetcorn
FRI	Sausage Roll or Fish Fingers With Chips, Beans or Peas 	Cheese & Onion Pasty With Chips, Beans or Peas 	Baked beans Cheese Tuna Mayo 	Pasta King Selection of Meat & Veggie Sauce	<u>Sweet Waffle Sundae</u>	Paninis, Pizza, Burger, SF Chicken Wrap, Nachos Various Days Your favourite sarnie fillings everyday!	Flavoured Chicken with a Choice of Salad and Sauce	BBQ Chicken Chicken Mayo Cheese Savoury Tomato & Herb Tuna & Sweetcorn









 Vegetarian  Oily fish  Wholegrain  Fruity!  Nutritionist's Choice

# THIS WEEK'S Eats.

WEEK 3  
MENU

FOOD UNION

AVAILABLE  
*Daily*

			Jackets	Pasta or Noodles	Desserts	Grab & Go, Sandwiches, Wraps and Baguettes	Hot Chicken Wrap or Baguette	Pasta Salad
MON	Beef Lasagne With Wedges & Coleslaw	Veggie Sausage Dog (topped with BBQ sauce) With Wedges & Coleslaw	Baked beans Cheese Tuna Mayo 	Pasta King Selection of Meat & Veggie Sauce	<u>Chocolate Sponge &amp; Custard</u>	Panini, Burger, SF Chicken Wrap, Nachos Various Days Your favourite sarnie fillings everyday!	Chicken Wrap with a Choice of Salad and Sauce	BBQ Chicken Chicken Mayo Cheese Savoury Tomato & Herb Tuna & Sweetcorn
TUE	Buffalo Chicken With ½ Jacket & Salad	Quorn Shawarma Pitta With ½ Jacket & Salad	Baked beans Cheese Tuna Mayo 	Pasta King Selection of Meat & Veggie Sauce	Apple Crumble 	Panini, Burger, SF Chicken Wrap, Nachos Various Days Your favourite sarnie fillings everyday!	Chicken Wrap with a Choice of Salad and Sauce	BBQ Chicken Chicken Mayo Cheese Savoury Tomato & Herb Tuna & Sweetcorn
WED	Mince & Dumplings With New Potato & vegetables	Vegetable Casserole With New Potato	Baked beans Cheese Tuna Mayo 	Pasta King Selection of Meat & Veggie Sauce	<u>Creamed Rice Pudding With Syrup Drizzle</u>	Panini, Burger, SF Chicken Wrap, Nachos Various Days Your favourite sarnie fillings everyday!	Chicken Wrap with a Choice of Salad and Sauce	BBQ Chicken Chicken Mayo Cheese Savoury Tomato & Herb Tuna & Sweetcorn
THUR	(Nut free) Chicken Satay With Vegetable Steamed Rice	Chickpea, Broccoli & Butternut Squash Buda Box With Vegetable Rice	Baked beans Cheese Tuna Mayo 	Pasta King Selection of Meat & Veggie Sauce	<u>Pineapple Upside Down</u> 	Panini, Burger, SF Chicken Wrap, Nachos Various Days Your favourite sarnie fillings everyday!	Chicken Wrap with a Choice of Salad and Sauce	BBQ Chicken Chicken Mayo Cheese Savoury Tomato & Herb Tuna & Sweetcorn
FRI	Pork Sausage or Fish Fingers with Chips, Peas or Beans	Veggie Nuggets with Chips & Beans or Peas	Baked beans Cheese Tuna Mayo 	Pasta King Selection of Meat & Veggie Sauce	<u>Mixed Ice Cream</u> 	Panini, Burger, SF Chicken Wrap, Nachos Various Days Your favourite sarnie fillings everyday!	Chicken Wrap with a Choice of Salad and Sauce	BBQ Chicken Chicken Mayo Cheese Savoury Tomato & Herb Tuna & Sweetcorn