

PSHE /RSHE Curriculum Overview 2024-25

Year Group	HT1	HT2	HT3	HT4	HT5	HT6
Y7	Transition Developing Enterprise	Diversity Health	Building Relationships Puberty	Anti-Bullying Financial decision making	Safety	Raising Aspirations
Y8	Community and Careers Smoking and Vaping	Drugs and Alcohol Self-Worth and Influences	Discrimination Mental Well-Being	Emotional Well-Being Identity and Relationships	Online Safety	Media and Gambling
Y9	Peer Influence Substance and Gangs	Setting Goals Family Life	Relationship Changes Balancing Life	Independent Health Choices Intimate Relationships	Sex Education	Employability Skills
Y10	Mental Health Financial Decisions	Healthy Relationships Consent	Risk Management Role Models / Media	Overcoming Challenges Exploring Influences	Responsibilities	Work Experience
Y11	Skills for the Future Stress Management	Families Planned and unplanned pregnancies and parenthood	Assertive Communication Responsibility	Independence Intervention, revision, support for GCSE	Intervention, revision, support for GCSE	