

WEEK 1

THIS WEEK'S MENU

	OPTION ONE	OPTION TWO	DESSERT
MON	BURGER BAR	BURGER BAR	DESSERT
	SPICY BURGER IN A BUN (JERK CHICKEN) with Cajun Wedges and Sweetcorn 	AMERICAN BBQ MAC & CHEESE BURGER with Cajun Wedges and Sweetcorn 	CHOCOLATE BROWNIE
TUE			DESSERT
	CHICKEN, PEA & LEEK PASTA BAKE  	VEGETABLE TIKKA MASALA with Rice, and Vegetables   	STRAWBERRY JELLY
WED			DESSERT
	ROAST CHICKEN with Roast Potatoes, Vegetables & Gravy 	ROAST QUORN with Roast Potatoes, Vegetables & Gravy 	RICE PUDDING with Fruit Compote
THUR			DESSERT
	BEEF LASAGNE with Garlic Herb Wedges & Sweetcorn 	VEGETARIAN LASAGNE with Margherita Pizza Pinwheel & Salad 	CARAMEL APPLE CRUMBLE
FRI			DESSERT
	CRISPY CHICKEN WRAP with Chips and Baked Beans or Peas (Katsu Sauce Optional) 	QUORN DIPPERS with Chips and Baked Beans or Peas 	ICE CREAM



Nutritionist's Choice



Vegetarian



Vegan



Oily Fish



Wholegrain



Halal

Our menu is subject to change.

WEEK 2

THIS WEEK'S MENU

	OPTION ONE	OPTION TWO	DESSERT
MON			DESSERT
	BEEF CHILLI (FIRECRACKER) With Wholegrain Rice & Vegetables 🌾	VEGAN CHILLI with Rice & Chipotle Sweetcorn 🌱❤️	CHOCOLATE CRISPY CAKE
TUE			DESSERT
	BUFFALO CHICKEN with Garlic & Herbs Wedges and Salad 🇭	URBAN VEGAN DOG with Garlic & Herbs Wedges and Salad 🌱	PEACH CRUMBLE & CUSTARD Served with baked Garlic and Herb Wedges and Corn on the Cob
WED			DESSERT
	ROAST TURKEY with Roast Potatoes, Vegetables & Gravy 🇭	VEGAN COTTAGE PIE with vegetables & Gravy 🌱❤️	GLAZED ORANGE STICKY PUDDING
THUR			DESSERT
	TIKKA CHICKEN IN A PITTA BREAD Served with Sweetcorn 🇭	VEGETABLE RICE NOODLES Served with Sweetcorn 🌱❤️	SPONGE CAKE
FRI			DESSERT
	BATTERED FISH with Chips and Baked Beans or Peas	CHEESE ONION & POTATO SLICE with Chips and Baked Beans or Peas 🇻	STRAWBERRY MOUSSE



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Vegetarian



Vegan



Oily Fish



Wholegrain



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WEEK 3

THIS WEEK'S MENU

	OPTION ONE	OPTION TWO	DESSERT
MON			DESSERT
	CHICKEN KORMA with Rice, Turmeric Bread & Salad   	CHEESE & BEAN TOASTIE with Garlic Herb Wedges & vegetables 	ORANGE & VANILA RICE PUDDING
TUE			DESSERT
	MINCE BEEF PIE with Mashed Potato, Vegetables & Gravy 	MIXED BEAN CHILLI with Rice, Peas & Crunchy Tortilla   	JAM SPONGE AND CUSTARD Served with Baked Garlic and Herb Wedges and Corn on the Cob
WED			DESSERT
	ROAST BEEF with Roast Potatoes, Vegetables & Gravy 	ROAST QUORN with Roast Potatoes, Vegetables & Gravy 	RASPBERRY JELLY
THUR			DESSERT
	BEEF LASAGNE with Margherita Pizza Pinwheel & Salad  	POTATO, PEPPER & MELTED CHEESE PITTA Served with Fresh salad 	BANOFFEE PIE
FRI			DESSERT
	BATTERED FISH with Chips and Baked Beans or Peas	BBQ QUORN BITES With Chips and Baked Beans or Peas 	LEMMON DRIZZLE MUFFIN



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